

11. Vending

What do I have to do?

This section looks at how to make sure that **healthyliving** items are made available in vending machines. The **healthyliving award** is an award specifically for the caterer within an establishment. As a result, the award criteria for vending apply only to vending machines that are under the caterer's control. Vending machines managed externally do not fall within the remit of the award, as caterers have no control over their content.

Vending machines which are controlled by the caterer must contain products that meet the nutrient specifications outlined in section 9. If the vending machine is not under your control we would encourage you to speak to your supplier about making compliant products available.

The **healthyliving award** considers three types of vending machine:

- a. Drinks vending
- b. Snack/confectionery vending.
- c. Refrigerated food vending.

a You must follow the standards and guidance in this section, where you have responsibility for vending machines.

Drinks Vending

- A drinks vending machine MUST contain water, unsweetened fruit juice and/or low-fat milk.
- **healthyliving** drinks must be prominently positioned, for example, at eye level in glass fronted machines or listed first in product lists.
- In NHS hospitals ALL soft drinks (including flavoured waters) within a vending machine must be sugar-free (less than 0.5 grams of sugar per 100ml). Unsweetened fruit juice, drinks made with a combination of fruit juice and water and drinks made with a blend of fruit and/or vegetables are acceptable in addition to soft drinks.
- In all other establishments at least 70% of soft drinks (by both volume and brand) must be sugar-free (less than 0.5 grams of sugar per 100ml). Soft drinks include flavoured waters.
- Sugar-free soft drinks must be prominently positioned.

Snack/confectionery vending

- **healthyliving** items MUST be available as an alternative to standard products. These products must meet the bought-in product specifications in section 9.
 - At least 30% of the product range must meet the **healthyliving** nutrient specifications outlined in section 9.
 - At least 1 **healthyliving** item must be available for each type of product, for example, crisps and confectionery.
- **healthyliving** items must be prominently positioned, for example, at eye level, and should be priced competitively with other products.

Refrigerated food vending

- 70% of the product range must meet the **healthyliving** nutrient specifications outlined in section 9.
- At least 1 **healthyliving** item must be available for each type of product.
- **healthyliving** items must be prominently positioned and should be priced competitively with other products.